



## Practical information to multilingual families.

### WELCOME TO THE KINDERGARTEN!



When a child is assigned a place in kindergarten the child may use the service and education offer until ordinary school starts.

#### STARTUPS:

You will receive a letter containing information about time and place for your child's first day in the Kindergarten. At the beginning it is important that one parent stays with the child for a few days in the Kindergarten. (You may know that most employers in Norway give their staff some days off in a situation where it is important to stay with the child. You have to make an agreement with your employer as regards to this.

Your child may bring a stuffed toy, pacifier or other things they like to cuddle.

The kindergarten's staff would like to know what makes your child feel safe and happy, and what you think is important for the child and important to know about the child.



#### EVERYDAY—arriving and—leaving

Please let one of the staff know when you arrive with your child and when you pick up your child to go home. Take time to talk to staff and ask if you have any questions.

It is important that you notify when other than parents should pick up your child in kindergarten.



#### VACATION AND DAYS OFF:

The Kindergarten's staff must be notified when the child is going to have a day off, holidays or something for several days. Please give the staff a message if your children have to stay home with illness. All children must have vacation during the summer.

**Sick children** should stay home. If your child becomes ill at kindergarten parents are contacted.

**Språk åpner dører**

### CLOTHING AND EQUIPMENT:

Both children and adults will spend some time outdoor every day. They need clothing suitable for all weather.

Each child gets their own shelf or locker where you can leave personal suitable clothing and footwear. Parents have the responsibility of the for keeping the cloths clean and suitable for each time of the season.

Important change of clothes in the bin:

Underwear, pants, socks, jumper and diapers for those who need this.

Thin coatings suit all year round, rain gear, boots.

In winter: gloves, hats, scarves, mittens, thermal underwear.

Fleece - clothes. Warm winter shoes (goretex is good) and thick suit.



### SHOES:

Children are ment to wear indoor shoes or sandals during the day in Kindergarten.

All clothing and footwear must be labeled with the name (also rain gear, boots, gloves, underwear and socks).

### MEALS:

The food in the Kindergarten should be healthy and nutritious and contain little sugar.

It is recommended to avoid juice and sweet pastries in children's food packs on normal days.



### BIRTHDAY CELEBRATION:

The tradition for celebrating the childs birthday varies in different Kindergarten.

### INTERPRETER IN KINDERGARTEN:

The kindergarten can order interpreter through an interpreting service. It is important to translate the information and to be sure that staff and parents understand each other .

### PLANS FOR WORK IN KINDERGARTEN:

All kindergartens in Fredrikstad have its own annual plan that is handed out to parents.

The plan tells how the children will gain confidence, caring, experience and learning.

All kindergarten nurseries have staff with training to ensure that children gets a good day-care.



### INFORMATION Kindergarten in Fredrikstad:

Most Kindergartens have internet and their own websites.

You can find Information about Kindergarten by searching on the internet:

<http://www.fredrikstad.kommune.no>

### Produsert av:

**Senter for flerspråklige barn og unge (FBU) med tillatelse fra Sandnes kommune.**